

# WELCOME TO THE FALL ACADEMY TRAINING PROGRAM



## HOW IT WORKS

All players MUST be evaluated before gaining an invitation for this program. Placement day is our official tryout for all players interested in joining the Fall Academy. Players must sign up for their grade levels Placement Day. Players should be signed up at the grade level they are entering for the fall of 2023 school year. We are offering our Academy Training Program in two locations now: Noblesville at the Mojo Up Sports Complex at Finch Creek and Westfield at the Pacers Athletic Center. Players do need to attend the Placement Day offered at the location they wish to participate at.

If your player cannot make their grade levels Placement Day, we will host makeup evaluations that your player can attend. If Placement Day and the makeup evaluations have passed, you can set up a private evaluation by emailing [indyinfo@m14hoops.com](mailto:indyinfo@m14hoops.com). The private evaluation fee is \$25.

Not all players are accepted into Fall ATP; if your player is not accepted, we will inform parents what we do have to offer to help their players' development. We may have to take a step back and get them ready so the class is beneficial for them. We do not want to overwhelm players or under challenge them. For those who are accepted, after the evaluation we will place your player in one of 3 classes; grey, blue or green. Grade, gender, talent, skill, athleticism are the differences in classes. Parents do not have a 'say-so' on where their player is placed. Correct player placement is a key to each of our players' development and our management staff does a great job ensuring players are where they need to be to see success!

## STRUCTURE

After the evaluation we will place your player in one of 3 classes, grey, blue or green (grey = advanced players, blue = middle talent level, green = beginners to M14 or elite skill training). Within each grade level we divide them into smaller groups to make sure players are training with an appropriate talent level. Parents do not have a 'say-so' on where their player is placed.

Fall A.T.P. is a 12-week program starting in August and ending in October. Players will train twice a week and we offer make-up sessions in case any session is missed. We have found through years of experience that this structure allows players to participate in A.T.P. while also participating in fall sports or other fall school activities.

**Email:** [indyinfo@m14hoops.com](mailto:indyinfo@m14hoops.com)

**Phone:** 317.474.0883 (Noblesville) | 317.775.3465 (Westfield)

[www.indy.m14hoops.com](http://www.indy.m14hoops.com)

Fall A.T.P. is a 'train-only' option; we do not play any games against outside competition. We will play 1 on 1 and 3 on 3 to continue to show players how to translate the moves in game situations.

## **STAFFING**

Our class sizes depend on the evaluation of all players. We make sure we have enough M14 certified trainers to stay within our 10:1 player to coach ratio. The staff members running classes are put through a rigorous training program to make sure they qualify to be in front of our players. They must have passion, energy, and be well versed in our systematic approach to teaching skill. The M14 Way is what all our trainers must learn before they can interact with our players. This consistency in teaching is another key factor in our players' results.

## **CURRICULUM**

During the fall, the 1 session each week will be devoted to ball handling (EX: attack moves, footwork, finishing moves), for the other session each week we will work on shooting (EX: technique, footwork, creating space, using screens). For the last week of each Part we will dedicate to translating the moves against live defenders playing 1 on 1, 3 on 3, and in some classes 5 on 5.

Our philosophy is to introduce a move to a player, show them 'how' to do the move and 'why' they are doing the move. After that we want that player to get as many repetitions doing that move at the correct pace. Each week we build on our moves and concepts so attendance is expected.

## **IT WORKS!**

After 12 weeks of training expect to see RESULTS! 97% of all players who train in our Academy make the school grade level team. That percentage increases as the length of time increases that a player has trained with us. The Academy Program stresses skills but also life lessons that will help your player on and off the court. We believe in discipline, structure and creating a positive environment that appropriately challenges players. It works!

## **PLAYER PACKAGE**

Academy practice jersey. The price for the jersey is \$20. It is a one time fee. If your player already owns an Academy practice jersey, you do not have to purchase another one. However, if you would like to purchase another jersey for whatever reason, you can definitely do so.

**Email: [indyinfo@m14hoops.com](mailto:indyinfo@m14hoops.com) Phone: 317.474.0883**  
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